










How do you feel?

How are you feeling?

FEELINGS CHART

 SCARED	 HAPPY	 SAD
 ANGRY	 EXCITED	 WORRIED
 SURPRISED	 SILLY	 FRUSTRATED

How do you feel today? Pick a feeling from the chart and write a couple of sentences about it and send it to me. For example:

Today, I feel sad because I miss my class at school. I would love to go back to school to see all the kids. I would love to teach the kids math and literacy in our classroom. We could even go outside and play on the equipment together. I hope the virus will go away soon.