OP 110... Get Ready for the Outdoors!



## **Outdoor Pursuits 110**

- Outdoor Pursuits 110 provides students with opportunities to explore various outdoor activities such as camping, backpacking, hiking, canoeing, cross-country skiing, snowshoeing, orienteering, **fly fishing**, winter camping, shelter building, cooking, rappelling, etc..., in a safe and respective manner.
- Students will step outside of their comfort zones to learn first-hand the values of intelligent risk-taking, perseverance and resilience. Students will be frequently exposed to situations which demand a high level of initiative, maturity, responsibility and dependability.
- In addition, students will gain greater insight, appreciation, concern and knowledge about the outdoor environment and the opportunities that it holds for educational, recreational and economic benefit.
- Students will take part in many team-building activities and group problem solving initiatives, where students learn to communicate and support one another to reach their goals, improve self-esteem, develop leadership skills, develop strategies that enhance decision-making, and to respect the differences within a group.



### OUTDOOR PURSUITS 110 COURSE OUTLINE - WINTER 2019

TEACHER: A. Hallihan

OP 110 Course Outline Winter 2019.pdf

COURSE DESCRIPTION:



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## Electronic Journal...





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#### Your Devices?













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