

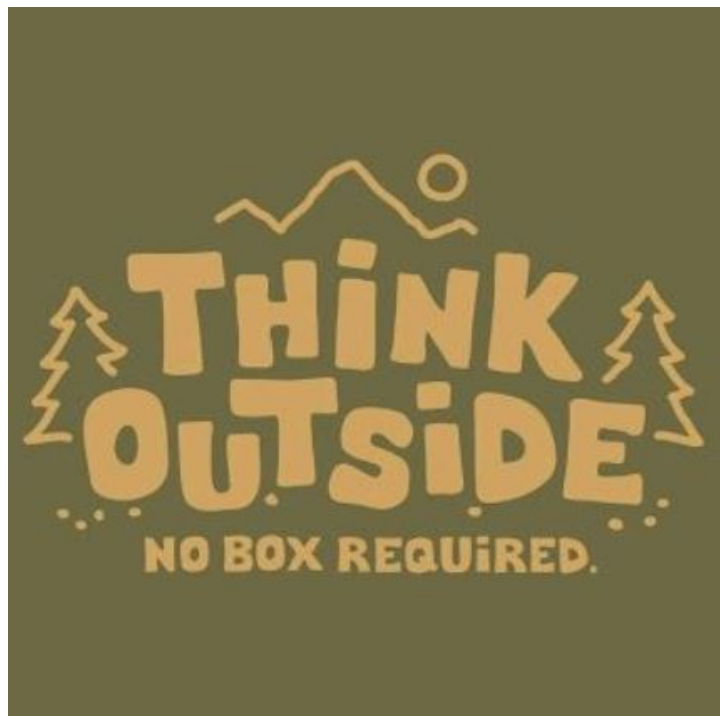
OP 110... Get Ready for the Outdoors!

[OP 110 Course Outline Fall 2018.pdf](#)



Outdoor Pursuits 110

- Outdoor Pursuits 110 provides students with opportunities to explore various outdoor activities such as camping, backpacking, hiking, canoeing, cross-country skiing, snowshoeing, orienteering, **fly fishing**, winter camping, shelter building, cooking, rappelling, etc..., in a safe and respectful manner.
- Students will step outside of their comfort zones to learn first-hand the values of intelligent risk-taking, perseverance and resilience. Students will be frequently exposed to situations which demand a high level of initiative, maturity, responsibility and dependability.
- In addition, students will gain greater insight, appreciation, concern and knowledge about the outdoor environment and the opportunities that it holds for educational, recreational and economic benefit.
- Students will take part in many team-building activities and group problem solving initiatives, where students learn to communicate and support one another to reach their goals, improve self-esteem, develop leadership skills, develop strategies that enhance decision-making, and to respect the differences within a group.



OP 110 - Opening Icebreaker.docx



OUTDOOR PURSUITS 110... Getting to Know Everyone

INSTRUCTIONS

NAME: _____

Get to know your classmates and Mr. Hallihan by finding signatures that confirm each experience. The person that signs off must provide some more details on the experience.

Experience	Signatures
I have tubed on the <u>Miramichi</u> River.	
I have a dog.	

Attachments

OP 110 Course Outline Fall 2018.pdf

OP 110 - Opening Icebreaker.docx