

**BHS Outdoor Pursuits 110 – Canoe Trip 2018**  
**Cains River into Southwest Miramichi River**

**Rationale and Trip Plan...**

The portion of Cains River we are paddling was chosen for several reasons. First of all, it is followed closely by the South Cains River Road so help is never too far away in case of emergency. Second, the Cains is a smaller width river with a mix of calm and fast water. Third, the skills which the students have acquired while paddling on the Bartholomew River and the MVHS pool should have them well prepared for anything they might encounter on this section of water. The entry point will be Moore's Pool off of the Cains River Road in Upper Blackville near Shinnickburn. This section of water will provide some wilderness paddling while later on we will be passing camps more frequently. The intended campsite for the journey is at the Porter Place, which is accessible by vehicle on the South Cains River Road and Hugh Hallihan is the caretaker of the property. Our take out point will be at Hallihan's Camps on the Southwest Miramichi River (70 Whitetail Lane on the South Cains River Road).

Another advantage about paddling this New Brunswick River is that we have detailed river map, ideal for canoeing in that it is easy to determine where you are at all times while on route. We have staff that has had paddling experience on this stretch of River. This quality paddling trip will hone the students' paddling skills. As well, it should also prove to be an excellent opportunity to draw upon outdoor cooking, camping and teambuilding skills. We believe this trip will do a lot to further enthusiasm in enjoying the outdoors.

**Schedule: Thursday, October 11<sup>th</sup>, 2018**

8:30 AM	Pack the bus
9:15 AM	Depart from Blackville School
10:00 AM	Arrive at entry point on the Cains River Road (Moore's Pool Near Shinnickburn)
10:30 AM	Depart in canoes
12:30 PM	Lunch (bag lunch along the river)

**NOTE: We will likely stop at 1 salmon pool along the way to try our hand at Salmon Fishing since we have acquired permits from the Province of New Brunswick that allow all students to fish without a license. It takes around 4 hours to paddle from entry point to campsite...we are allowing 2 hours total for our stops for lunch and fishing.**

4:30 PM	Set-up campsite for the evening and fishing opportunities at campsite pool
6:30 PM	Supper
7:30 PM	Clean-up
9:00 PM	Campfire and cooperative games
11:00 PM	Bed

**Friday, October 12<sup>th</sup>, 2018**

7:00 AM	Rise and Shine
7:45 AM	Breakfast
8:15 AM	Clean-up, dishes and pack gear
9:00 AM	Depart in canoes
12:00 PM	Lunch (one burner meal at Campbell Pool)
3:00 PM	Reach takeout at Hallihan's
4:00 PM	Return to Blackville School

**\*Please note that this schedule is tentative and may change.**

**Possible Pools to Fish...**

**DAY 1 - Millet's Camps (both sides) at Pigeon ledge & Mouth of Sabbies**

**DAY 2 - Buttermilk, Slide pool below Popular Camps, Campbell's, Brophy, Whooper**

**We are including an itemized gear list that students will need for the trip. Students have spent time planning meals with their cooking groups. If you have any questions regarding the trip you may contact me at 843-6554 or by email at [Ashley.Hallihan@nbed.nb.ca](mailto:Ashley.Hallihan@nbed.nb.ca)**

**Emergency: Contact Rodney Buggie at 625-1432**

**Please return your waiver form ASAP if you have not already done so.**

## Equipment List for OP 110 Canoe Trip October 11<sup>th</sup> & 12<sup>th</sup>, 2018

### Group Needs

Tents	One Burner Stoves	Fire Starter Kit	Dry bags
Latrine Shovel	Fuel Bottles	Bailers	Groceries
2 Water Purifiers	Cook Sets	Dish Towels/Camp Soap	Coolers
Garbage Bags	First Aid Kit	Camp Saws/Axe	Tarps/Canopy
Matches/Lighter	AAA and AA Batteries	Dutch Oven Kits	Rope

### Personal Needs

Pencil or Pen and Journal	roll of toilet paper	Sunscreen
2 Garbage Bags	Water Bottle	Flashlight/Headlamp
Batteries	1 Liter of H2O	Personal Toiletries
Knife or Multi Tool	Camera	Snacks
Toque/Hat	Hand Sanitizer	Gloves
Fleece Type Jacket	Shell or Wind Breaker	Warm Under Layer Pants
Over Pants	1 Pair Extra Pants	3 Pairs of Socks
3 Pairs of Underwear	2 Long Sleeve Shirts	Rain Gear
2 Pairs of Shoes/Boots	Sleeping Bag/Pillow/Mat	Towel/Face cloth

### Fishing Needs

Hip Waders  
Rod/Reel  
Flies  
Net

### Evaluation

**Each group will be evaluated on the following...**

**Group Video** – each group is responsible to make a video documenting the trip from start to finish. The videos will be created after the trip and then uploaded to our YouTube channel

**Meal Preparation** – each group is required to cook a Dutch oven meal for the group supper

**Clean-up** – every group is responsible to clean dishes and keep the campsite clean, no trace camping!

**Journal** – everybody is responsible to keep a journal documenting their trip...both text and photos

**Canoe Skills** – Individuals will be evaluated on their canoe skills