



A Day in the Life Aboard the International Space Station

Have you ever wondered what it would be like to live and work in space? Follow astronauts on the [International Space Station](#) in a series of videos as they explain their daily routines.

Educators can use this series of videos and resources to enhance K-12 science, technology, engineering and mathematics curricula.



Everything About Living in Space



Life on Station

NASA Johnson
1,076,668 views



Karen Nyberg Shows How Yo Wash Hair in Space

NASA Johnson
758,379 views



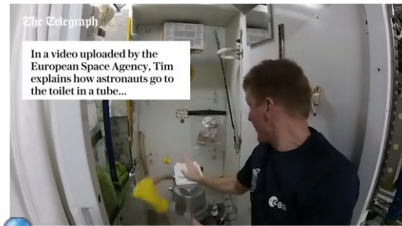
Running in Space!



27 min

Experiencing interruptions? Find out why

[The International Space Station] Everyday life of scientists on the space station space



By Mark Mallow

1 min

Journal #2

On a new piece a paper (to be handed in)

Close binders

- 1) Explain how we experience day and night on earth.
- 2) Explain how we experience summer and winter.
- 3) list the planets order from the closest to the sun to the furthest