

# OUTDOOR EDUCATION 110

## COURSE OUTLINE – FALL 2023



**TEACHER:** A. Hallihan

### COURSE DESCRIPTION:

Outdoor Education 110 provides students with opportunities to explore various outdoor activities in a safe and respectful manner. Students will step outside of their comfort zones to learn first-hand the values of intelligent risk-taking, perseverance and resilience. Students will be frequently exposed to situations which demand a high level of initiative, maturity, responsibility, and dependability. In addition, students will gain greater insight, appreciation, concern and knowledge about the outdoor environment and the opportunities that it holds for educational, recreational, and economic benefit. Students will take part in many team-building activities and group problem solving initiatives, where students learn to communicate and support one another to reach their goals, improve self-esteem, develop leadership skills, develop strategies that enhance decision-making, and to respect the differences within a group.

**WEBSITE:** <https://sites.google.com/view/bhsoutdoorpursuits/home>

### POSSIBLE ACTIVITIES:

1. Developing Trust/Team Building/Leadership
2. Paddling/Canoeing/Water Safety
3. Fly Fishing/Fly Tying
4. Trip Planning/Equipment Checks
5. Environmental Ethics/Wilderness Awareness
6. Survival Skills/Wilderness First Aid
7. Shelters...Fall/Winter
8. Outdoor Cooking/Dutch Ovens/One Burners
9. Backpacking/Hiking
10. Knot Tying
11. Map/Compass/GPS/ArcGIS Mapping
12. Geocaching/Orienteering
13. Mountain Biking
14. Climbing/Rappelling
15. Snowshoeing/Skiing/Sliding/Skating
16. Stewardship/Sustainability

### EVALUATIONS:

- Participation/Class Activities/Electronic Journal 30 %
- Practical Assignments/Skills Associated with Outdoor Activities 40 %
- Written Assignments/Quizzes 30 %
- Final Assessment...

Depending on incentives earned, a student's final mark could be valued at 30% or 15%.  
This would result in an overall final calculation as outlined below:

|                    | Semester Work | Final Assessment | Final Grade |
|--------------------|---------------|------------------|-------------|
| <b>Scenario #1</b> | 70%           | 30%              | 100%        |
| <b>Scenario #2</b> | 85%           | 15%              | 100%        |

**COURSE FEE:** There is a \$100 fee to cover expenses for activities and trips along with providing equipment.  
[Must be paid to A. Hallihan by September 22<sup>nd</sup>]



**WHERE  
EXPLORATIONS  
BECOME  
PASSIONS!**

**#BHSOutdoors**

# OUTDOOR EDUCATION 110 EQUIPMENT CHECKLIST AND TRIP EXPECTATIONS

**NOTE: THIS FORM IS TO BE TAKEN HOME, SIGNED AND RETURNED TO MR. HALLIHAN**

Our main out trip will be a canoe adventure on Cains River. In order to participate in the paddling activities, students **MUST** pass a swim test at Miramichi Valley High School. Other activities may include hiking/backpacking, map/compass navigation, cooking, fishing, snowshoeing, shelters, climbing and rappelling.

- Students are required to keep an electronic journal for all activities with both text and photos/videos. These entries will be submitted throughout the semester. Journals will include students' trip experiences from personal and group dynamic perspectives.
- Students will be evaluated on practical skills associated with the outdoor activities.
- Students will complete a final assessment to showcase their learning.
- If you are unable to attend any of the scheduled trips you will be required to complete major research assignment to complete the course requirements.

**Students must have the following:** basic camping gear, water bottle, proper clothing for all seasons including necessary footwear like winter boots and rubber boots.

**Students may want to have access to the following:** fishing gear, camera, tent, dry bags and sleeping bag.

The class is held outside on a regular basis and is often off school grounds. Learning opportunities are found outside of the regular classroom with precautions taken to limit risk. Participation occurs in **ALL** weather and students are required to be prepared rain or shine. Students will be snowshoeing, hiking, canoeing, climbing, rappelling, building fires, cooking on stoves, setting up tents and experiencing many other recreational activities. There is a **\$100 course fee to help offset the cost of equipment, gear, and travel expenses.**

If you have any questions, please contact [Ashley.Hallihan@nbed.nb.ca](mailto:Ashley.Hallihan@nbed.nb.ca) or school 843-2900.

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Date: \_\_\_\_\_

I have read the included information about Blackville High School's Outdoor Education Class. I understand the risks associated with such a class and the outdoor activities. I give permission for my son/daughter to participate fully in this course and all the activities. I also agree to pay the \$100 student fee.

Print Student Name: \_\_\_\_\_

Print Parent/Guardian Name: \_\_\_\_\_

Print contact Information: Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

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## Administrative Use:

Fee Paid: YES / NO

Payment: Cash / Cheque

Receipt Given: YES / NO