

# OUTDOOR PURSUITS 110

## COURSE OUTLINE - WINTER 2019



**TEACHER:** A. Hallihan

### COURSE DESCRIPTION:

Outdoor Pursuits 110 provides students with opportunities to explore various outdoor activities in a safe and respectful manner. Students will step outside of their comfort zones to learn first-hand the values of intelligent risk-taking, perseverance and resilience. Students will be frequently exposed to situations which demand a high level of initiative, maturity, responsibility and dependability. In addition, students will gain greater insight, appreciation, concern and knowledge about the outdoor environment and the opportunities that it holds for educational, recreational and economic benefit. Students will take part in many team-building activities and group problem solving initiatives, where students learn to communicate and support one another to reach their goals, improve self-esteem, develop leadership skills, develop strategies that enhance decision-making, and to respect the differences within a group.

### POSSIBLE TOPICS:

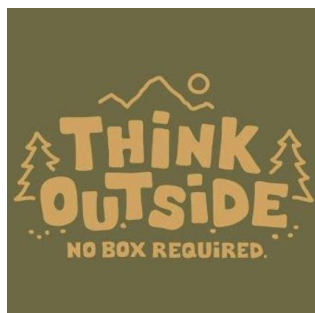
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|--|---|
| 1. Leadership / Team Building                | 11. Backpacking                                 |
| 2. Canoeing                                  | 12. Knot Tying                                  |
| 3. Fly Fishing / Fly Tying                   | 13. Equipment and Gear                          |
| 4. Trip Planning                             | 14. Mountain Biking                             |
| 5. Environmental Ethics                      | 15. Climbing / Climbing Techniques / Rappelling |
| 6. Wilderness First Aid Map, Compass and GPS | 16. Winter Camping / Quinzees                   |
| 7. Orienteering / Geo-Cache                  | 17. Snowshoeing / Cross Country Skiing          |
| 8. Survival / Shelters                       | 18. Archery                                     |
| 9. Outdoor Cooking                           | 19. ArcGIS Mapping                              |
| 10. Hiking and Fitness                       | 20. Other                                       |

### EVALUATIONS:

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|---|------|
| • Participation/Class Activities/Electronic Journal               | 30 % |
| • Practical Assignments/Skills Associated with Outdoor Activities | 30 % |
| • Written Assignments/Quizzes/Term Project                        | 40 % |

**NOTE...There is NO EXAM in this course**

**COURSE FEE:** There is a \$75 fee to cover expenses on activities & trips  
[Must be paid to A. Hallihan by March 1<sup>st</sup>]



# OUTDOOR PURSUITS 110 EQUIPMENT CHECKLIST AND TRIP EXPECTATIONS

**NOTE: THIS FORM IS TO BE TAKEN HOME, SIGNED AND RETURNED TO MR. HALLIHAN**

Our main out trip will be a canoe adventure on either the Main SW Miramichi or lower stretch of Cains River. Other activities may include hiking/backpacking, geo-caching, mountain biking, cross country skiing, snowshoeing, winter shelters and rappelling.

- Students are required to keep an electronic journal for all activities with both text and photos/videos. These entries will be submitted throughout the semester. Journals will include students' trip experiences from personal and group dynamic perspectives.
- Students will be evaluated on practical skills associated with the outdoor activities.
- If you are unable to attend any of the scheduled, trips you will be required to complete a major research assignment to complete the course requirements.

**Students must have the following:** basic camping gear, mug, water bottle, plate, bowl, fork, and clothing for all seasons including winter boots and rain gear.

**Students may want to have access to the following:** cross country skis, mountain bike, bike helmet, camera, pocket knife, cooler, dry bags, snowshoes

The class is held outside on a regular basis and is often off school grounds. Learning opportunities are found outside of the regular classroom with precautions taken to limit risk. Participation occurs in **ALL** weather and students are required to be prepared rain or shine. Students will be snowshoeing, hiking, canoeing, climbing, rappelling, building fires, cooking on stoves, setting up tents and experiencing many other recreational activities. There is a \$75 course fee to help offset the cost of equipment, gear, and travel expenses.

If you have any questions please contact [Ashley.Hallihan@nbed.nb.ca](mailto:Ashley.Hallihan@nbed.nb.ca) or school 843-2900.

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Date: \_\_\_\_\_

I have read the included information about Blackville High School's Outdoor Pursuits Class. I understand the risks associated with such a class and the outdoor activities. I give permission for my son/daughter to participate fully in this course and all the activities. I also agree to pay the \$75 student fee.

Print Student Name: \_\_\_\_\_

Print Parent/Guardian Name: \_\_\_\_\_

Print contact Information: Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

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## Administrative Use:

Fee Paid: YES / NO

Payment: Cash / Cheque

Receipt Given: YES / NO