

OUTDOOR EDUCATION 110

COURSE OUTLINE – WINTER 2022



TEACHER: A. Hallihan

COURSE DESCRIPTION:

Outdoor Education 110 provides students with opportunities to explore various outdoor activities in a safe and respectful manner. Students will step outside of their comfort zones to learn first-hand the values of intelligent risk-taking, perseverance and resilience. Students will be frequently exposed to situations which demand a high level of initiative, maturity, responsibility and dependability. In addition, students will gain greater insight, appreciation, concern and knowledge about the outdoor environment and the opportunities that it holds for educational, recreational and economic benefit. Students will take part in many team-building activities and group problem solving initiatives, where students learn to communicate and support one another to reach their goals, improve self-esteem, develop leadership skills, develop strategies that enhance decision-making, and to respect the differences within a group.

WEBSITE: <https://sites.google.com/view/bhsoutdoorpursuits/home>

POSSIBLE ACTIVITIES:

- | | |
|--|--|
| 1. Developing Trust/Team Building/Leadership | 9. Backpacking/Hiking |
| 2. Paddling/Canoeing/Water Safety | 10. Knot Tying |
| 3. Fly Fishing/Fly Tying | 11. Map/Compass/GPS/ArcGIS Mapping |
| 4. Trip Planning/Equipment Checks | 12. Geocaching/Orienteering |
| 5. Environmental Ethics/Wilderness Awareness | 13. Mountain Biking |
| 6. Survival Skills/Wilderness First Aid | 14. Climbing/Rappelling |
| 7. Shelters...Fall/Winter | 15. Snowshoeing/Skiing/Sliding/Skating |
| 8. Outdoor Cooking/Dutch Ovens/One Burners | 16. Stewardship/Sustainability |

EVALUATIONS:

- | | |
|---|------|
| • Participation/Class Activities/Electronic Journal | 30 % |
| • Practical Assignments/Skills Associated with Outdoor Activities | 30 % |
| • Written Assignments/Quizzes/Term Assignment | 40 % |

NOTE...There is NO EXAM in this course

COURSE FEE: There is a \$75 fee to cover expenses on activities and trips
[Must be paid to A. Hallihan by September 30th]



**WHERE
EXPLORATIONS
BECOME
PASSIONS!**

#BHSOutdoors

OUTDOOR EDUCATION 110 EQUIPMENT CHECKLIST AND TRIP EXPECTATIONS

NOTE: THIS FORM IS TO BE TAKEN HOME, SIGNED AND RETURNED TO MR. HALLIHAN

Our main out trip will be a canoe adventure on Barnaby River. In order to participate in the paddling activities, students **MUST** pass a swim test at Miramichi Valley High School. Other activities may include hiking/backpacking, map/compass navigation, cooking, mountain biking, fishing, snowshoeing, winter shelters, climbing and rappelling.

- Students are required to keep an electronic journal for all activities with both text and photos/videos. These entries will be submitted throughout the semester. Journals will include students' trip experiences from personal and group dynamic perspectives.
- Students will be evaluated on practical skills associated with the outdoor activities.
- If you are unable to attend any of the scheduled trips you will be required to complete major research assignment to complete the course requirements.

Students must have the following: basic camping gear, water bottle, proper clothing for all seasons including necessary footwear like winter boots and rubber boots.

Students may want to have access to the following: fishing gear, mountain bike, bike helmet, camera, pocket knife, cooler, dry bags and sleeping bag.

The class is held outside on a regular basis and is often off school grounds. Learning opportunities are found outside of the regular classroom with precautions taken to limit risk. Participation occurs in **ALL** weather and students are required to be prepared rain or shine. Students will be snowshoeing, hiking, canoeing, climbing, rappelling, building fires, cooking on stoves, setting up tents and experiencing many other recreational activities. There is a **\$75 course fee to help offset the cost of equipment, gear, and travel expenses.**

If you have any questions please contact Ashley.Hallihan@nbed.nb.ca or school 843-2900.

Date: _____

I have read the included information about Blackville High School's Outdoor Education Class. I understand the risks associated with such a class and the outdoor activities. I give permission for my son/daughter to participate fully in this course and all the activities. I also agree to pay the \$75 student fee.

Print Student Name: _____

Print Parent/Guardian Name: _____

Print contact Information: Phone: _____ Email: _____

Parent/Guardian Signature: _____

Administrative Use:

Fee Paid: YES / NO

Payment: Cash / Cheque

Receipt Given: YES / NO